

Media Advisory

June 26, 2013

## **National report on the impact of demanding work hours on resident physicians to be released tomorrow**

The National Steering Committee on Resident Duty Hours will release Canada's first comprehensive, collaborative and evidence-based report examining the hotly debated issue of how much fatigue is too much fatigue for Canada's approximately 12,000 resident physicians.

With funding from Health Canada, the report, *Fatigue, Risk and Excellence: Towards a Pan-Canadian Consensus on Resident Duty Hours*, provides five central principles and wide-ranging recommendations to help all Canadian jurisdictions manage and mitigate resident fatigue. The report is based on the most comprehensive and collaborative examination of resident duty hours policies and practices in Canadian history.

**Date:** Thursday, June 27, 2013

**Time:** 7:00 a.m. Eastern Time

**Method:** The report will be posted online at [www.residentdutyhours.ca](http://www.residentdutyhours.ca), along with a news release, which will be issued nationally via Canada NewsWire. Spokespeople will be available for interviews.

**Embargoed copy:** The report is now available to news media only under an embargo that ends at 7:00 a.m. Eastern Time, June 27, 2013. To request an embargoed copy of the report, please email [jp.brasseur@sympatico.ca](mailto:jp.brasseur@sympatico.ca) indicating that you accept the embargo conditions.

The National Steering Committee on Resident Duty Hours is composed of national health care organizations and experts from across Canada, including the Federal, Provincial, and Territorial Committee on Health Workforce, Association of Canadian Academic Healthcare Organizations, Association of Faculties of Medicine of Canada – Postgraduate Deans, Canadian Association of Internes and Residents, College of Family Physicians of Canada, Canadian Medical Association, Collège des médecins du Québec, Fédération des médecins résidents du Québec and the Royal College of Physicians and Surgeons of Canada.

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